

Táka' tlasalenyát kanuhwaktáhsia' don't spread the disease

Snatsháke yashasáke' khále'
ya'tasutsyúkwe' tathú:ni atkλhanyaks
cough and sneeze into your arm or tissue



Óksa' isi
yλsati nén
atkλhanyaks
throw away
tissue right
away

Táka' kλ'nyλhλsyel skahlake,
se'nyuke tathú:ni tsi' shakalúte
don't touch your nose, eyes or mouth



Yotkáte'
λsahtsyohále'
wash your hands often



Yenohalétha' khále'
ohnekanuse λsátste'
use soap and water

Tewashλ seconds tsi'
náhe' asahtsyohále'
wash your hands for
twenty seconds

Sáha' tat kλtyohkwana
tsi' nú: yehehséskwe'
especially if you were in
around people

tathú:ni' wahsasáke'
wa'tesλtsyúhkwe'
tathú:ni'
wahsatshinyukluti
or if you cough, sneeze
or blow your nose



Táka' tashalenyát kanuhwaktáhsia' don't spread the disease

yotkáte' ashakewanu' khále' disinfect
tsi' nu: yotkáte' kaniyayélu
wipe and disinfect frequently touched areas

sáha' tat ukha' ok yakonuhwáktanihe'
especially if someone is sick



yáyak niyohsitáke'
na'tatsyatlate' tatawatu
stay 6 ft. apart if possible



táka uhka tashenatshakalílu'
don't shake anyone's hand

o:yá niyót tsi' tashenahelatu
greet some other way



táka kaníke' nyaháse' tat
yahte'sata'kalíte
don't go anywhere if you are sick

