

Norma & Rose PG1

Please note: text inside grey boxes are the original English Script, for reference only

<p>Our heritage is important, we can always be proud of our culture and of who we are.</p>	<p>1. λyukwalihowanahtuháke' tsi' $\text{niyukwalihó:t}\lambda$ tyukwehú:w<u>e</u>' We have a responsibility to be proud of our culture.</p>
<p>Life is full of challenges. Sometimes we can encounter bullying and even racism along the way. This can make us feel bad about ourselves.</p>	<p>2. Né: yotká:te' yukhiklo'slu:nihe' o'slu:ñi: A lot of times we get abused by white people.</p>
<p>But we should always remember that we are not alone.</p>	<p>3. Nók λtwehyá:lake tsi' yáh ukyulha'tsiwa' $\text{té:k}\lambda$ We should remember that we are not alone.</p>
<p>We have our families to talk to and to help us.</p>	<p>4. Λwa:tú: ukwahwa:tsíle' λyukhiya'takén<u>h</u>a' Our families can help</p>
<p>We have our elders in our community who can offer us guidance and teach us about our culture.</p>	<p>5. Λwa:tú: ukwakwanna'ta'shúha' λyukhilihuni' tsi' nayukwaliho't<u>l</u>há<u>k</u>e' Our elders can teach us about our culture.</p>
<p>We even have teachers and other adults at school who can offer us support.</p>	<p>6. Shekún sakotilihunyl:níhe' λwa:tú: ki' λyukhiya'takén<u>h</u>a' Even the teachers can help</p>
<p>When we help and support one another, we grow safer.</p>	<p>7. Né: η λtwtatya'takénha' sáha' ki' $\text{sk}\lambda$:ná: aetwanuhtuní When we help each other we are more at peace.</p>

<p>When we help each other learn, we grow stronger together.</p>	<p>8. Nλ oskanhe' λtwatewyl:tehtane' sλha' ki' λtwa'shátstλne' When we learn together we grow stronger</p>
<p>We have a proud culture, beautiful and unique.</p>	<p>9. Yoyántle' tsi' niyukwalihótλ Our culture is good</p>
<p>Our traditions help us learn about ourselves and enhance our education at home, school and in our community.</p>	<p>10. Né: e:só: tyukwaya'takenhás tsi' niyukwalihótλ Our culture will help us a lot.</p>



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